

## **Positive Behavior Supports/Behavior Intervention Plans**

Positive Behavior Support (PBS) refers to a set of research-based strategies that are intended to decrease problem behaviors by designing effective environments and teaching individuals appropriate social and communication skills. PBS is defined as an integration of:

- Valued Outcomes;
- Behavioral and biomedical science;
- Validated procedures; and
- Systems change to enhance an individual's quality of life.

The goal of PBS is to improve quality of life, not only for a child or adult with a disability, but for all of the individuals within a social network. PBS is now used in many different situations and contexts and with different types of problem behavior such as aggression, property destruction, and self injury. Children with and without disabilities can benefit from the PBS process across home, school, and community settings.

MAR-NEM COOP's policy is to reconvene a team meeting and identify behaviors of child that are a problem. In planning the Positive Behavior Support Plan we use our resources, they are:

1. Skill Streaming the Elementary School Child by Ellen McGinnes and Arnold Goldstein.
2. Skill Streaming the Adolescent by Ellen McGinnis and Arnold Goldstien.
3. Building Social Relationships by Scott Belline, Ph.D.
4. Basic Social Skills for Youth, a handbook from Boystown.